



COVERALL SIZING GUIDELINE

HOW TO MEASURE For best results, measure over your undergarments.

CHEST:

Measure just under arms and across shoulder blades holding the tape firm and level. If your chest falls between sizes, order the next size up.

OUTSLEEVE LENGTH OVER SHOULDER FINISHED:

Measure from the center of the spine at the base of the neck, around the shoulder, over the elbow and down to the wrist.

INSEAM FINISHED:

Measure pants that fit you well. Lay them flat, with the front and back creased smooth. Measure along the inseam from crotch to bottom of leg hem. Or, if you don't have pants that fit comfortably, measure your inseam from your crotch to your desired pant length.

COVERALL ALPHA SIZING GUIDELINE

LABEL SIZE		XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL	9XL
CHEST ACTUAL		32	34-36	38	40	42-44	46	48-50	52-54	56-58	60-62	64-66	68-70	72-74	76-78
CHEST FINISHED		39	42	45	48	51	54	58	62	66	70	74	78	82	86
OUT SLEEVE LENGTH OVER SHOULDER FINISHED	REG	31	32	33	34	35	36	37½	38½	39¾	41	42¼	43½	44¾	46
	TALL	33	34	35	36	37	38	39¾	40½	41¾	43	44¼	45½	46¾	48
INSEAM FINISHED	REG	30	30	30	30	30	30	30	30	30	30	30	30	30	30
	TALL	33	33	33	33	33	33	33	33	33	33	33	33	33	33

COVERALL NUMERIC SIZING GUIDELINE

LABEL SIZE		34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68	70	72
CHEST ACTUAL		30	32	34	36	38	40	42	44	46	48	50	52	54	56	58	60	62	64	66	68
CHEST FINISHED		37	39	41	43	45	47	49	51	53	55	57	59	61	63	65	67	69	71	73	75
OUT SLEEVE LENGTH OVER SHOULDER FINISHED	REG	30	31	32	33	33½	34	34½	35½	36	36½	37	37½	38	39	40	40½	41	41½	42	42½
	TALL	32	33	34	35	35½	36	36½	37½	38	38½	39	39½	40	41	42	42½	43	43½	44	44½
INSEAM FINISHED	REG	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
	TALL	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33	33

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